

# Work opportunities at five PEI Long-Term Care homes

by Stella Shepard

**Shelley Connick** is the Administrator of Sherwood Home, Colville Manor, Prince Edward Home, Beach Grove Home, and Riverview Manor. She spoke about the employment opportunities at the provincial long-term care homes and how to apply for the positions.

## Hiring needs

“We have an increased need during the summer when staff may be on vacation,” says Shelley.

“The most challenging positions to recruit vary depending on the availability of trained professionals, and may include Registered Nurses, Resident Care Workers, and Service Workers.”

## Wages and benefits

Wages, healthcare benefits, insurance, sick and vacation time are determined by collective agreements.

## How to stand out during the hiring process

“The best way to get your foot in the door is to volunteer or work casual,” says Shelley.

“Before the interview, learn about the responsibilities and duties of the job. Visit the worksite, and speak to a person who works in the department you are applying for.”

“Volunteers add a very special element to our care, and are an integral part of the team. There are limitless ways in which residents can benefit from the contribution of volunteers. These opportunities can enrich both the lives of the residents and those graciously contributing.”

## Two ways to apply to advertised competitions and the casual list

1. Apply by submitting a hard copy application form available at <https://psc.gpei.ca/> or at Access PEI sites.
2. Apply on-line. This method of application is encouraged, especially when applying to a specific competition. Visit [www.gov.pe.ca/jobs](http://www.gov.pe.ca/jobs)

For the full interview, visit [www.employmentjourney.com](http://www.employmentjourney.com) and search each home by name.



## Prince Edward Home, Charlottetown

**Prince Edward Home** is a 120-bed combined long-term care facility. Services provided:

- Nursing Services
- Medical Services
- Dental Care
- Foot Care
- Occupational Therapy
- Physiotherapy
- Speech Therapy
- Nutritional Services
- Social Work
- Recreation

## About the staff

There are approximately 250 employees. Staff titles include:

- Manager
- Clinical Resource Nurse
- Registered Nurse
- Licensed Practical Nurse
- Resident Care Worker
- Social Worker
- Clerk
- Recreational Workers
- Physiotherapy
- Service Workers
- Maintenance Workers
- Cooks
- Storekeeper
- Sewer
- Electrician
- Carpenter
- Plumber
- Occupational Therapist
- Occupational Therapist Assistant



For information about volunteering, contact the Recreation Department at **902-368-5792**.

For more information about the **Prince Edward Home**, visit [www.princeedwardisland.ca/en/information/health-pe/prince-edward-home](http://www.princeedwardisland.ca/en/information/health-pe/prince-edward-home)



## Sherwood Home, Charlottetown

**Sherwood Home** is a 14-bed provincial long-term care home for people with intellectual and physical disabilities. Services provided:

- Nursing Services
- Medical Services
- Dental Care
- Occupational Therapy
- Physiotherapy
- Nutritional Services

Clients participate in programs such as communication, reading, community outings, exercise, entertainment, and sensory motor activities.

## About the staff

There are 21 staff members. Staff titles include:

- Development Worker
- Licensed Practical Nurse
- Resident Care Worker

“We look for staff with a strong knowledge base, patience, sensitivity, and commitment to person-centred philosophy. Employees are required to have certifications and credentials that meet qualifications requirements.”



To inquire about volunteering, contact the **Recreation Department** at **902-368-4141**.

For more information about **Sherwood Home**, call **902-368-4141**.

Visit [www.princeedwardisland.ca/en/information/health-pe/sherwood-home](http://www.princeedwardisland.ca/en/information/health-pe/sherwood-home)



## Beach Grove Home, Charlottetown

**Beach Grove Home** is the biggest long-term care facility in the province. There are 127 long-term care beds and three respite beds. Services provided:

- Nursing Services
- Medical Services
- Dental Care
- Occupational Therapy
- Physiotherapy
- Speech Therapy
- Nutritional Services
- Social Work
- Environmental Services
- Recreation
- Podiatry Services (foot care)

## About the staff

The nursing department has approximately 180 employees. Staff titles include:

- Manager
- Clinical Resource Nurse
- Registered Nurse
- Licensed Practical Nurse
- Resident Care Worker
- Social Worker
- Clerk
- Recreation Worker
- Occupational Therapist
- Physiotherapist
- Service Worker
- Maintenance Worker
- Cooks
- Storekeeper
- Sewer
- Electrician
- Plumber
- Carpenter



Volunteer applications can be picked up from the Recreation Department or the reception desk or call the Recreation Department at **902-368-6758**.

For more information, call **902-368-6750**. Visit [www.healthpei.ca/beachgrovehome](http://www.healthpei.ca/beachgrovehome)



October 2018

# Work opportunities at five PEI Long-Term Care homes *continued...*

## Colville Manor, Souris

Colville Manor is a 52-bed long-term care facility. Services provided:

- Nursing Services
- Medical Services
- Dental Care
- Occupational Therapy
- Physiotherapy
- Nutritional Services
- Podiatry Services (foot care)

### About the staff

About 100 employees work at Colville Manor. Staff titles include:

- Manager
- Registered Nurse
- Licensed Practical Nurse
- Resident Care Worker
- Clerk Maintenance
- Storekeeper
- Recreation
- Occupational Therapy
- Physiotherapy
- Service Worker



To inquire about becoming a volunteer at Colville Manor, call 902-687-7090.

For more information about Colville Manor, visit

[www.princeedwardisland.ca/en/information/health-pei/colville-manor](http://www.princeedwardisland.ca/en/information/health-pei/colville-manor)



## Riverview Manor, Montague

Riverview Manor is a 49-bed long-term care facility. Services provided:

- Nursing Services
- Medical Services
- Dental Care
- Occupational Therapy
- Physiotherapy
- Nutritional Services
- Podiatry Services (foot care)

### About the staff

There are approximately 96 employees at Riverview Manor. Staff titles include:

- Registered Nurse
- Licensed Practical Nurse
- Resident Care Worker
- Clerk
- Recreation Worker
- Occupational Therapy
- Service Workers
- Cooks

To inquire about becoming a volunteer at Riverview Manor, call 902-838-0781.

For more information about Riverview Manor, visit [www.princeedwardisland.ca/en/information/health-pei/riverview-manor](http://www.princeedwardisland.ca/en/information/health-pei/riverview-manor)



# Many careers available in the youth mental health field on PEI

by Heidi Riley

PEI offers a number of specialty programs for Island youth experiencing challenges with their mental health. Each program is staffed with health professionals who work together collaboratively for the benefit of children and their parents.

The **Behavioral Support Team** includes a Clinical Psychologist Team Lead, two Clinical Social Workers, and a Youth Worker. To learn more, visit [www.princeedwardisland.ca/en/information/health-pei/behavioural-support-team-children](http://www.princeedwardisland.ca/en/information/health-pei/behavioural-support-team-children)

**INSIGHT**, the youth mental health day treatment program in Charlottetown, includes a Child Psychologist Team Lead, a Clinical Social Worker (Masters Degree), Youth Workers, Education Teacher, a Nurse, and an Occupational Therapist. To learn more, visit [www.princeedwardisland.ca/en/information/health-pei/insight-program-youth](http://www.princeedwardisland.ca/en/information/health-pei/insight-program-youth)

At the QEH, the **Unit 9 Adolescent Unit** staff includes a Nurse, Child Psychologist Team Lead, Clinical Social Worker, Youth Workers, and Licensed Practical Nurses.

The **Strength** program, for youth with mental health and addiction concerns, includes a Nurse, a Social Worker, an Occupational Therapist, Youth Workers, and Addictions Counsellors. To learn more, visit [www.justtalkpei.ca/strength](http://www.justtalkpei.ca/strength)

## Health profession profile: Clinical Psychologist

There are currently 42 Psychologists on PEI. Approximately 30 are Clinical Psychologists. They work in public healthcare, the education system, and in private practice. “If you wanted to work as a Psychologist on PEI, there are lots of options and great demand,” says **Dr. Rhonda Matters**, a Clinical Psychologist who is the Team Lead for the Behavioral Support Team.

Dr. Matters provides front-line services, providing assessments and treatment for children and/or parents, supervises the other team members, and does evaluation and program planning.

“It is important that we continue to look at current research and evaluate programs to ensure children and families are receiving effective intervention.”

It takes at least six years of post-secondary training to become a registered Psychological Associate and eight to eleven years to become a registered Psychologist. Students first earn a four-year honours undergraduate degree in psychology. They go on to complete either a Masters degree, which usually takes two years, or a Doctoral degree.

Those working in the field who have a Master’s degree would be registered as a Psychological Associate on PEI. Those who go on to earn a Doctoral degree can pursue a PhD program or a PhysD. UPEI is developing a four-year PsyD program that will train clinical psychologists.

“Getting into graduate school is really competitive,” says Dr. Matters. “They consider your marks, your research and volunteer/work experiences, as well as the results of the Graduate Requisite Exams.

“You also need letters of reference from professors or places you have volunteered or worked. Apply to as many programs as you can. You may not get in the first year you apply, but keep applying and continue to work in a related field to gain more experience.

“There are so many work options, from private to public, and the demand for front-line services is increasing. We are realizing that it is important to intervene with children who have learning disabilities, academic challenges, or mental health difficulties like anxiety and behavioural difficulties. Also, because Psychologists are trained in research and evidence-based interventions, we play a role in planning and research and the demand is continuing to grow.”



“One of the best things about being a Psychologist is the variety of roles, locations, and populations you can work with, such as teaching, research, front-line service, and policy planning,” says Dr. Rhonda Matters.

## Pay scale for Psychologists working with Health PEI

As of April 2018, Psychologists with a doctorate in a supervisory or management position earn \$49.77 to \$61.38 per hour. Psychologists with a doctorate in other roles earn \$47.95 to \$59.08 per hour. Psychological Associates, who have a Master’s degree, earn \$41.33 to \$50.81 per hour.

For more about job openings at Health PEI, visit [www.gov.pe.ca/jobs/posting/health/external](http://www.gov.pe.ca/jobs/posting/health/external)

For the full interview, visit [www.employmentjourney.com](http://www.employmentjourney.com) and search **Clinical Psychologist**.

